

Exclusive invitation:

Medela Benelux mini-symposium

Advancing Medela's 2025 Breastfeeding & Lactation Symposium we are honored to invite you to an exclusive Benelux study day, for select invitees only. During this inspiring event, the globally renowned expert speaker Dr. Leslie Parker, PhD, APRN, NNP-BC, FAAN, will discuss two key challenges to achieve optimal lactation outcomes.

Date: November 10, 2025, time: 12.00h – 17.00h

Location: Van der Valk hotel Eindhoven

Buffet lunch, refreshments and network drink are included

Time start	Time end	Session
12:00	12:30	Welcome
12:30	13:30	Buffet lunch
13:30	14:30	Session 1: "My Pumping Pathways": An Evidence-Based, Standardized and Personalized Approach for Breast Pump Use
14:30	15:00	Coffee break
15:00	16:00	Session 2: Mothers of NICU Infants at Risk for Suboptimal Lactation: Who Are They and How Can We Help?
16:00	16:30	Discussion & Q&A
16:30	17:00	Network drink



Speaker: Dr. Leslie Parker, PhD, APRN, NNP-BC, FAAN

Professor Leslie Parker, PhD, APRN, NNP-BC, FAAN, is a globally recognized expert in neonatal nutrition and lactation, with a distinguished career spanning over three decades. She serves as Associate Dean for Research at the University of Florida College of Nursing and maintains an active clinical practice as a neonatal nurse practitioner in the NICU at UF Health. Her research is dedicated to improving the nutritional health of premature and critically ill infants, with a particular focus on optimizing lactation outcomes for mothers whose infants are admitted to neonatal intensive care units. Dr. Parker's work is deeply interdisciplinary, bridging nursing, medicine, microbiology, and public health, and has been funded by prestigious institutions including the National Institutes of Health.

Session introduction

Session 1: “My Pumping Pathways”: An Evidence-Based, Standardized and Personalized Approach for Breast Pump Use

During this session, we will discuss the development and use of “My Pumping Pathways,” a standardized and personalized approach for optimizing pumped milk volume in the first two weeks among pump-dependent mothers of infants in the neonatal intensive care unit (NICU). In addition, the benefits of implementing “My Pumping Pathways” on lactation outcomes will be presented.

Objectives:

- Discuss the need for standardized and personalized pumping support for mothers in the NICU.
- Explore the development, use, and benefits of “My Pumping Pathways,” a standardized and personalized approach for optimizing lactation during the first two weeks postpartum in breast pump dependent mothers.

Session 2: Mothers of NICU Infants at Risk for Suboptimal Lactation: Who Are They and How Can We Help?

This session will explore factors which may identify mothers of infants in the NICU at risk of not meeting their lactation goals. In addition, the process of secretory activation will be discussed including novel techniques for measuring achievement and identifying mothers at risk of delayed onset. Finally, evidence surrounding the use of hand-expression in this vulnerable population of women will be presented.

Objectives:

- Explore important risk factors for suboptimal lactation outcomes in mothers of NICU infants
- Discuss the importance of secretory activation including the biological underpinnings and measurement techniques.
- Describe potential risks and benefits of using hand expression in mothers of infants in the NICU.

Places are limited and upon personal invitation only. To secure your seat and receive further information, please send an email to ferial.bekker@medela.com