# Midwifery-led care during labour and birth

- Midwife-led continuity of care models lead to good outcomes for mother and child.
- Midwives safeguard the natural course of labour and birth.



## **Birth environment**



#### Outside the hospital

- 43.8% at home
- 9.8% at a midwife-led unit
- 0.06% born before arrival



## Inside the hospital

- 17.5% with an autonomous midwife
- 11.5% at a midwife-led unit

Referrals to the hospital (17.4%)



#### Waterbirth

Almost half of the women give birth in water: 43% outside the hospital and 41% inside the hospital



30% No perineal trauma 1% 1% **Episiotomy** 3rd and 4th degree 1.1% 2.2% perineal trauma

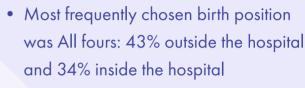




**Postpartum** 

No complications for the mother: 97% outside the hospital and 94% inside the hospital.





 Few women give birth on their back: 8% outside the hospital, 19% inside the hospital

## Monitoring of the baby's heartbeat

Method most applied: intermittent auscultation with handheld Doppler (87% outside the hospital), intermittent auscultation using the CTG machine (58% inside the hospital).



# Birth of the placenta

Physiological birth of the

placenta: Blood loss < 500 ml:



88% 74% 84% 87%







Baby 94.6% 96% 1-min APGAR\*  $\geq 7$ : 5-min APGAR  $\geq$  7: 98.4% 99.6% Need for respirational 4% 3% support:

(\*) Appearance, Pulse, Grimace, Activity, and Respiration

**Annual Report 2021** 

1587 registrations (1.67% of all births in Flanders and Brussels)

108 autonomous midwives from Flanders and Brussels



Beroepsorganisatie van Vroedvrouwen